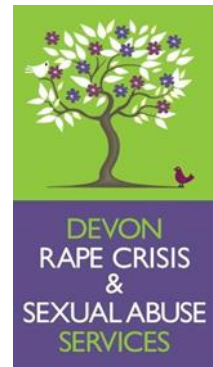


# Volunteer Role Description: Volunteer Therapeutic Practitioner and Trainee Therapist



**Organisation:** Devon Rape Crisis and Sexual Abuse Services

**Location:** Exeter, Barnstaple and Torquay

**Reports to:** Therapeutic Practitioner Team Leader

**Commitment:** Deliver training hours within level of required qualification or as agreed with the Therapeutic Practitioner Team Leader.

Minimum volunteering commitment is to complete a course of therapy with any service user whom support has commenced. Attendance at clinical supervision in line with volunteer expenses policy.

## Role Purpose

To provide trauma-informed therapeutic support to survivors of sexual violence, helping them navigate their healing journey in a safe, confidential, and empowering environment.

## Key Responsibilities

- Offer one-to-one therapy sessions to survivors of rape, sexual assault, or childhood sexual abuse
- Use evidence-based approaches tailored to the needs of each client (e.g., CBT, EMDR, person-centred therapy)
- Maintain accurate and confidential client records in line with centre policies
- Participate in regular clinical supervision and peer support meetings
- Collaborate with support workers, advocates, and other volunteers to ensure holistic care
- Uphold safeguarding protocols and escalate concerns appropriately
- Contribute to the centre's ethos of survivor empowerment, inclusivity, and non-judgment

## **Qualifications & Experience**

- Training towards a Level 4 Diploma in Counselling or equivalent (or having achieved this standard)
- Experience working with trauma, sexual violence, or vulnerable populations preferred
- Registration with a professional body (e.g., BACP, UKCP) desirable
- Commitment to anti-oppressive practice and continuous professional development

## **Skills & Attributes**

- Empathetic, non-judgmental, and emotionally resilient
- Strong communication and active listening skills
- Ability to work independently and as part of a multidisciplinary team
- Respect for diversity and survivor autonomy
- Willingness to engage in reflective practice and supervision
- Ability to follow best practice standards in therapeutic work in the rape crisis field

## **What We Offer**

- Expenses in line with our volunteer expense policy
- Supportive team environment with regular peer check-ins
- Opportunity to make a meaningful impact in survivors' lives

## **Training and Support**

All volunteers receive comprehensive training covering:

- Understanding sexual violence and its impacts
- Trauma-informed approaches
- Active listening and communication skills
- Safeguarding and confidentiality
- Boundaries and self-care