



## Sorella Project - Peer Supporter Role Description

- Undertake and successfully complete The Sorella Project peer supporter training
- To support and adhere to The Sorella Project aims, policies and practices, including confidentiality policy and safeguarding policy.
- To commit to a minimum of 12 hours per month worked flexibly, possibly including some out of hours provision.
- To assist and support women to access various activities and resources, to build enduring support networks and signpost accordingly.
- To work with women to produce their own individual strengths-based action plans/key goals.
- To offer regular progress reviews for each woman.
- To attend mandatory 1:2:1 case supervision and group supervision to include reflective practice.
- To participate in ongoing training beneficial to this role.
- To complete relevant forms and collect appropriate data as required.

## Sorella Project Peer Support Worker - Person Specification

### Essential

- Must be aged 18+ and female
- Have lived experience of sexual violence/abuse\*
- Have good listening and communication skills
- Ability to maintain boundaries
- Can work alone and as part of a team
- Be self-motivated, proactive and use own initiative
- Self-awareness and an ability to reflect on self and the work
- Non-judgemental attitude and a sensitive and empathic approach to all work undertaken
- A commitment to work within the aims, objectives, ethos, policies and procedures of the Sorella Peer Support Project
- Be willing to work towards a full understanding of Equity, Diversity and Inclusion
- To undertake a Disclosure and Barring Service check (past convictions can be discussed on an individual basis and will not necessarily prevent a woman from becoming a Sorella peer supporter)
- Supply names and addresses of two personal referees
- Availability to attend all sessions of the Sorella Peer Support Project training programme
- A commitment to participate in regular supervision, ongoing training and workshops relevant to your role.
- Organisational skills - ability to keep concise, accurate monitoring information and up-to-date resources.

### Desirable

- Use of a car and full driving licence