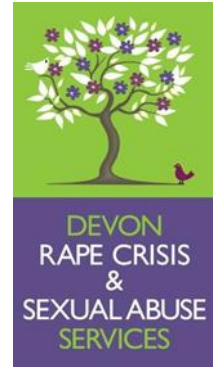


Volunteer Role Description: Peer Supporter



Role Description: Volunteer Peer Supporter

Organisation: Devon Rape Crisis and Sexual Abuse Services

Location: Exeter, Barnstaple and Torquay

Reports to: Specialist Support Team Leader

Commitment: Deliver a minimum of 10 hours of peer support every year. Projects can include;

- Peer support drop in café
- Attendance at community events where disclosures are possible
- Peer support activities such as walking groups, craft activities, sports, wellbeing activities

Attend clinical group supervision (1 hour every 2 months = 6 hours a year)

Role Purpose

To offer non-clinical, survivor-led emotional support to individuals affected by sexual violence, drawing on lived experience and shared understanding to foster connection, validation, and hope.

Key Responsibilities

- Provide one-to-one peer support sessions, or community engagement events and group activity with survivors in person, online, or by phone
- Create a safe, non-judgmental space for survivors to share, reflect, and feel heard
- Signpost survivors to relevant services and resources when appropriate
- Maintain clear boundaries and confidentiality in line with centre policies
- Attend regular supervision, training, and reflective practice sessions
- Record session notes and feedback in accordance with organisational procedures
- Promote survivor empowerment, autonomy, and resilience through active listening and shared experience

Qualifications & Experience

- Lived experience of sexual violence and a personal healing journey
- Completion of recognised level 2 OCN training and/or centre's peer support training programme (or willingness to undertake it)
- Previous experience in support roles or volunteering desirable but not essential
- Understanding of trauma, intersectionality, and survivor-led approaches

Skills & Attributes

- Compassionate, grounded, and emotionally self-aware
- Excellent listening and interpersonal skills
- Ability to maintain boundaries and manage emotional triggers
- Respectful of diverse identities, experiences, and coping strategies
- Commitment to anti-oppressive practice and continuous learning

What We Offer

- Comprehensive and accredited training and induction
- Ongoing supervision and wellbeing support
- Opportunities for personal growth and community connection
- Reimbursement of expenses